

St. Teresa of Avila

Roman Catholic Church

February 8, 2026

Fifth Sunday in
Ordinary Time

19 Flamingo Dr., Elmira, ON N3B 1V3
519-669-3387
stteresaelmira@hamiltodiocese.com

Website: www.stteresaelmira.ca

Established on the Second Sunday of Easter, 1851.

Pastor: Rev. Peter Meyer
pmeyer@hamiltodiocese.com
Deacon: Rev. Mr. Basil Markides
Office Administration: Donna Vollmer
Pastoral Associates: Iris Miltenburg, Mary Forcier
Office Hours:
Tuesday to Friday 9:00 a.m. – 1:00 p.m.



Mass Times

Saturday 5:00 p.m.
Sunday 9:00 a.m.

Weekday Masses

see inside

Reconciliation

Tuesday 6:30 p.m. - 7:00 p.m.,
or by request.

Sacrament of Baptism (3rd Sunday of the month outside of Lent)

Parents, please pick up Baptism
package from the parish office.

Sacrament of Marriage

Please contact office six months
prior to desired date.
Marriage Prep offered.

Sacrament of the Sick

Please notify the parish office of
loved ones who are housebound
or in the hospital so they may
receive the comfort of the Church's
sacraments and prayer.

Outreach Ministry (A Ministry of Visitation)

Please contact the Parish Office if
you or someone you know would
like a visit by the Outreach Ministry.

Parish Contacts

Parish Pastoral Council

Colleen Jack Debbie Yutzi
Fr. Peter Meyer Jim McInnis
John Bruder Ken Gallipeau

Building & Finance Committee

Fr. Peter Meyer Diane Smith
Dan Lauzon Maria Diemert
Rick Weishar
Sebastian Siebel-Achenbach

Catholic Women's League

Barb Vodicka
h094.cwlpresident@gmail.com

Knights of Columbus

Rick Weishar
gk8192@ontariokofc.ca

Vocations

Contact hamiltodiocese.com/vocations/
or resurrectionists.com/vocations

New Parishioners

New parishioners, welcome!
Please register at the office or pick up a
registration package at the church entrance.

Bulletin Deadline

Written submissions by Monday noon.

St. Teresa of Avila School

75 First St. W., Elmira
519-669-8843 Fax 519-669-4509

St. David Catholic Secondary School

4 High Street, Waterloo
519-885-1340 Website: stdavid.wcdsb.ca

Christ has no body now but yours,
No hands, no feet on earth,
but yours.

Yours are the eyes through which
he moves compassion on
this world.

Yours are the feet with which
he walks to do good.

Yours are the hands with which
he blesses all the world.

Prayer of St. Teresa of Avila



✠ Please remember our benefactors and those who have left bequests in your prayers. ✠

FIFTH SUNDAY IN ORDINARY TIME

MASSES FOR WEEK OF FEBRUARY 9TH

<p>Tuesday, February 10, 7:05 pm +Clare Kraemer; Pam & Theresa <i>Since we are travellers and pilgrims in the world, let us ever ponder on the end of the road, that is of our life, for the end of our roadway is our home. – St. Columbanus</i></p>
<p>Wednesday, February 11, 12:05 pm +Theresa Hahn-Siemon; Leroy Siemon <i>Let us be slow to judge. Each person sees things from their own point of view, as their mind, with all its limitations, tells them, and through eyes that are often dimmed and clouded with passion. – St. Josemaria Escriva</i></p>
<p>Thursday, February 12, 12:05 pm Intentions of Marcella Furlong; The Family <i>For the greater we are, the more we should humble ourselves and recognize our own nothingness. If we know ourselves, we humble ourselves, not holding our head high or becoming bloated with pride. Rather we bow our head in acknowledgment of the goodness God has showered on us. – St. Catherine of Siena</i></p>
<p>Friday, February 13, 9:00 am - Maryhill <i>May God the Holy Spirit move within us and give us eyes to see with, ears to hear with and hands that God's work might be done. – St. Dominic</i></p>
<p>Saturday, February 14, 5:00 pm +Art Moser; His Family +Theresa Manion; Barb & Peggy Kelly</p>
<p>Sunday, February 15, Sixth Sunday in Ordinary Time 9:00 am Our Parish Community 11:00 am Maryhill</p>

Lector	Commentator
5pm Kevin Dupuis	Judy Furlong
9am Ellen Siebel-Achenbach Joan Coutu	Linda Bruder

Altar Servers
 9am Hudson, Xander, Hannah

Children's Liturgy
 Feb 15 Linda Bruder, Isabelle Lauzon

LIVING ROSARY INTENTION

For children with incurable diseases – Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

FROM THE PASTOR'S DESK

World Marriage Day, today, is an opportunity to focus on building a culture of life and love that begins with supporting and promoting marriage and the family. The theme for 2026 is "Man and Woman He Created Them: Together with Purpose".

This Wednesday, February 11th is the World Day of the Sick. The ministry of Jesus to the sick is central to the life of the Church. February 11th, Memorial of Our Lady of Lourdes, highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care given to restore health to those afflicted with illness and disease.

Join us for our upcoming Spaghetti Dinner this Friday, February 13th. Come and bring your family for food, fun and fellowship.

On consultation with the Finance and Pastoral Council I would like to relay some information to you. Projects that have been completed are:

- Digital Sign
- New Lighting in the Church, Hall and Nursery
- Hall Renovation (painting, flooring, ceiling and lighting)
- Kitchen (osmosis for coffeemaker)
- Washrooms (automatic doors and plumbing updates)
- Church (alcoves painted)

Projects under consideration are:

- Audio visual equipment for hall and church
- Exterior lights
- Renovation at entrance (curb)
- Church Fans and fixing pews
- New Speaker system in church
- Hall sound panels
- Signage throughout complex
- Carpet replacement
- Parking Lot

All of these vital projects are much needed and enhance our beautiful space. We continue to ask for your input about these projects. If you would like to share information about these projects, you can approach someone on the Finance or Pastoral Council or approach me. If you know of any tradespeople and/or if you would like to volunteer your services, this would be greatly appreciated. In the near future we will be providing the costs of these projects.

Father Peter

READINGS FOR February 14/15

First Reading: Sir 15:15-20
 Second Reading: 1 Cor 2:6-10
 Gospel Reading: Mt 5:17-37

HAMILTON DIOCESE PRAYER CALENDAR

PLEASE PRAY FOR :

Mon., Feb 9	Rev. Lourdy Dorismond, O.M.I.
Tues., Feb 10	St. Scholastica, Virgin
Wed., Feb 11	Discalced Carmelite Nuns, O.C.D. World Day of the Sick
Thu., Feb 12	Parents & Guardians
Fri., Feb 13	Rev. Hanh Van Tran, O.M.I.
Sat., Feb 14	Rev. Adam Voisin

THIS WEEK IN OUR PARISH

TUE	6:15 p.m.	First Communion Parent Mtg - Church
WED	7:00 p.m.	Confirmation Session - Hall
THU	3:15 p.m.	Youth Choir Practice - Church
	7:00 p.m.	R.C.I.A. – Library
FRI	5:00 – 7:00 p.m.	Spaghetti Dinner – Hall

FOODBANK NEEDS

Canned Pasta, Juice, Canned Fruit

MINISTRIES for February 14/15

Eucharistic Ministers

5pm	Kathy Ziegler, Mary Forcier
9am	Sandi Hutchinson, Ken Gallipeau, Rick Weishar

Hospitality

5pm	Greg & Sue Goetz
9am	Jim McInnis, Mike & Sharon Noel

A **SNOWBOOT BRUSH** is installed outside by the entrance doors. Please use it before coming in if you can. It helps with not bringing in all the salt which causes damage to the flooring.

SPAGHETTI DINNER – HOSTED BY THE KNIGHTS OF COLUMBUS, COUNCIL 8192 & THE CATHOLIC WOMEN’S LEAGUE

– The Spaghetti Dinner is on **Friday, February 13, 2026**, beginning at 5:00 p.m. with takeout at 4:30 p.m. It will be continuous seating until 7:00 p.m. Please consider volunteering 1-2 hours for this worthwhile event. Your help will be needed for ticket sales, preparation, set up/take down and during the evening of the event. Sign-up sheets are in the narthex. Cost \$16.00 for Adults, \$10.00 for Children (6-12), and Free for Children (5 & Under). Please reserve your tickets by calling the Church Office at 519-669-3387 or Rick Weishar at 519-577-5928. Proceeds will be going to reupholstering the hall chairs.

FIRST COMMUNION PARENT MEETING will be held on **Tuesday, February 10th** at 6:15 p.m. in the church.

We have ourselves a small but mighty team of 3 walkers for the **COLDEST NIGHT OF THE YEAR WALK** on **Saturday, February 28th**. It’s not too late if you would like to join us or if you would like to donate. Please go to CNOY2026 Elmira and our Team is St. Teresa's Trotters if you wish to donate to this worthwhile cause. Thanking you in advance.

SERRA CLUB is glad to resume meetings at **St. Agnes Parish, Waterloo on the second Thursday of the month.**

Join us at St. Agnes for a Holy Hour, Rosary and Benediction at 6:00 p.m. and Mass at 7:00 p.m. There will be a brief meeting and fellowship in the parish hall following evening Mass. Serrans are lay Catholics, men and women of all ages and from all walks of life, all dedicated to promoting and foster vocations. Serra International (“Serra”) is formally recognized by the Holy See as the only global lay apostolate for vocations in the Catholic Church. Masses for 2026 are February 12, March 12, April 9, May 14, June 11, July 9, August 13, September 19, October 8, November 12, December 10, 2026. Join us for the Rosary on ZOOM every Monday at 7:00 p.m. Address: 891 4699 8295, Pass Code GvsW9U. New members are welcome! Contact ma_zister@hotmail.com.

LECTURES IN CATHOLIC EXPERIENCE presents Dr. Gary J. Adler Jr. While the winter weather prevents us from meeting in person, you are invited to join a special Zoom lecture on **Thursday, February 26th** at 7:30 p.m. It is a virtual lecture. The event is free and all are welcome. The topic is “Catholic in Governing, not Catholicism in Government: How Local Government Officials Manage Interaction between Religion and State. Dr. Gary J. Adler Jr., an Associate Professor of Sociology at Pennsylvania State University, will examine the intersection of religion and politics in his talk.

Mark your calendar for **WORLD DAY OF PRAYER 2026** on **Friday, March 6, 2026** at 2:00 p.m. at the Trinity United Church, located on the lower level of Floradale Mennonite Church, 22 Florapine Road. Enter from the front entrance

and follow the signage. Elevator access is available. The theme is “I will give you rest: come” Matthew 11:28-30. The service is written and prepared by WDP Nigeria.

LIFT JESUS HIGHER RALLY 2026 Lift Jesus Higher Rally 2026 is on **Saturday, March 14th** at the Metro Toronto Convention Centre. For information regarding buses and tickets, please call Anna Joseph at 519-577-8519.

The Sisters Poor of Jesus Christ are hosting a **COME & SEE** from **March 17th – 21st**. Their house is located at 177 Sanford Avenue North, Hamilton. This is for young women in the Diocese who are considering religious life. Discover God’s call and schedule your visit today and take the next step. Contact 905-512-8493 or vocation.skateritekakwitha@ocaminho.org.

Mark your calendars for the Woolwich Counselling Centre **50TH ANNIVERSARY GALA** on **Friday, March 27, 2026** at the Lions Hall in Elmira. This unforgettable evening will feature a powerful musical keynote by **Séan McCann**, founding member of *Great Big Sea*, and a 3-course dinner prepared by Kennedy’s Catering. Through this event, we’re aiming to raise \$50,000 to ensure that every resident of Woolwich and Wellesley Townships can access mental health support. Tickets are on sale.

PARENTING TIP OF THE MONTH – We are constantly teaching our kids by what we choose to make a priority. We encourage schoolwork to be done well, engage in extra-curricular activities for fun and development, pray and attend Mass so faith stays at the forefront of our family values. We are, however, also teaching our children when we are not trying to teach them. In those moments we are silently saying, you matter and I love being with you, that family time to relax is vital to good mental health and that undertaking chores together connects us as a family. So, enjoy the non-teaching times because they matter more than you might think! From Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250.

RESURRECTIONIST VOCATION MINUTE – A lamp is lit to be placed on a stand, not hidden under a bushel basket. Often, the early signs of a vocation to religious life feel fragile, and we are tempted to hide them out of fear of what others might think. But if God has lit the flame of this vocation in your heart, He intends it to shine. Are you willing to let that call be seen? Fr. Pawel Szymanowski, C.R. resurrectionistvocation@gmail.com

VOCATION SEEDS – “You are the light of the world.” Are you willing to let your light shine as a priest, deacon, brother or sister? If you think God is calling you to a Church vocation, contact Fr. Mark Morley, Director of Vocations, Diocese of Hamilton at 905-528-7988 or email vocations@hamiltondiocese.com.

STEWARDSHIP REPORT

Offertory collection for Jan 31/Feb 1	\$ 3,772.00
Building & Maintenance Fund Balance:	\$65,036.57



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